

PARUL INSTITUTE OF AYURVED & RESEARCH

WORKSHOPS ORGANISED BY INSTITUTE

PRAKRUTI-2017

“Prakruti 2017 – Know your body by body constitution assessment and Empower your mind through Meditation” was organized by Khemdas Ayurved Hospital on the occasion of World Health Day- April 7th 2017. An awareness programme for 120 members comprising students and faculty of Parul Institute of Architecture and Research was conducted at the college block of Parul Institute of Ayurved and Research. The programme was presided by Dr Hemant Toshikane, Dean and Principal, Faculty of Ayurved, Parul University and chaired by Dr B G Kulkarni, Principal, Parul Institute of Ayurved and Research. The occasion was graced by Dr Rekha Vijayakumar.



NEW DOSAGE FORMS - 2019

A workshop on New Dosage form Mahoushadhi 2019 was organised by Dept. Of RSBK, Parul Institute of Ayurved & Research on 5th July 2019. The workshop was inaugurated by Dr. Abhay Dharmasi, Dear, Doctoral study, Dr. Lalit Lata Jha. In workshop nearly 160 outside delegates participated. The preparation like lossengils, hair gel, effervescent, tooth paste, eye drop, tincture and preparation of eye drops were demonstrated.



PULSE TECH 2019

One day state level workshop on Nadipariksha – ‘Pulse Tech 2019’, was organized by Department of Kriya Sharir, Parul Institute of Ayurved & Research, Ishwarapura, Vadodara, Gujarat on 23.12.2019. Nadiguru Acharya Dr. Sanjay Chhajer, M.D. Ayurved from Jamnagar was the Resource person of the workshop. Dr. Bharat Kalsaria, Principal, Govt. Ayurved College, Panigate, Vadodara was the Chief Guest for Inauguration. Dr. Komal Patel –

Managing Trustee, Dr. M. N. Patel – Provost, Dr. H. S. Vijaykumar – Registrar, Dr. B.G. Kulkarni – Principal, PIAR were among the dignitaries who graced the occasion. Total 132 delegates attended the workshop.

NATIONAL WORKSHOP ON MARMACHIKITSA - 2023

Two days National Workshop on Marma chikitsa- 2023 jointly organized by Dept of Shalya Tantra & Rachana Sharir, Parul Institute of Ayurved and research, on 27th and 28th January 2023. Faculty of Ayurved, Parul University, Vadodara. The program was sponsored by Vaidyaratnam & Sahasrayogam. Program was inaugurated by Dr.Komal Patel trustee parul university, Dr.Hemant Toshikhane Dean, Faculty of Ayurved and Dr.B.G.Kulkarni Principal, Parul Institute of Ayurved and research.

Practical demonstration and hands on training given to all delegates. Hands on training of marma chikitsa practically demonstrated on 20 various types of diseases. All the participants taken active participation and done demonstration independently. Valedictory function was graced by Dr.H.S. Vijaykumar Pro- Vice chancellor Parul University.



NATIONAL WORKSHOP ON MANUSCRIPTOLOGY - 2023

2 Days National Workshop on Manucriptomology 2023, was arranged by the Dept. of Samhita Siddhanta Parul Institute of Ayurved and research, Faculty of Ayurved, Parul University, Vadodara in collaboration with Oriental Institute, The Maharaja Sayajirao University of Baroda, Vadodara. The details of subjects explored are as follows.



DGCON- 2023

The national conference on Advance researches in dravyaguna vigyan and exploration of local flora was a significant event that took place between 14/09/2023 to 16/09/2023 at Parul Institutes of Ayurved and Research, Parul University. The conference served as a pivotal platform for scholars, researches and faculties in the field of dravyaguna to present their research findings, exchange ideas and discuss advancements in the domain. Furthermore, the event aimed to provide practical insights into the exploration of local flora and their habitats. This report offers a comprehensive overview of the proceedings.

The conference saw a registration of 69 delegates from various parts of the country. The conference commenced with inaugural ceremony featuring esteemed Mr. RK Sugoor, IFS as chief guest and Dr Komal Patel as president. Dr Hemant Toshikhane delivered the keynote addressed welcome note address highlighting the significance of drvyaguna and the need for ongoing research in the area. Dr B.G. Kulkarni addressed welcome note for conference.

First day saw 3 scientific sessions by Dr Mitesh Patel delivering lecture on network pharmacology, Dr Ila Bhor on exploration of changing trends of classical drugs in nighantus from ancient to modern era – a literary research and Dr Vinay Raole on identification and preservation techniques.

Second day was marked with a field visit to Pavagadh mountain with Dr Madan Patel and Dr Alpesh Patel where local flora was explored.

Third day saw scientific sessions by Dr Prakash L Hegde delivering lecture on research in rasapanchaka, Dr Shreeramji jyotishi on experimental approaches towards research in dravyaguna vigyan and Dr Shubhashee M N on advance technologies used in researches in dravyaguna vigyan

The heart of conference was presentation of research papers which was held on the first day. A total of 42 papers were presented, covering a wide range of topics with in dravyaguna vigyan. Published Souvenir on the day of inauguration of conference with ISBN No- 978-81-955675-1-5

The conference showcased diversity of research in the field of dravyaguna and attendees gained practical insights into identification and utilization of medicinal plants.



Workshop & Hands On Training On Parasurgical Procedures

The programme was organized by Department of Shalya Tantra Parul institute of Ayurved and Research. Consultants of Khemdas Hospital, Teaching Hospital of Parul institute of Ayurved and Research had participated in this programme.

This programme was started on 23.01.2024 at 10.00 a.m. Programme was inaugurated by Respected Principal Dr.B.G.Kulkarni Sir and Senior Professor in Shalya tantra department, Dr.Omprakash Dave Sir.

The resource persons of various specialty Dr.Shriram Varma, Dr. Gopal lal Jat and Dr.Madhusudan Sharma were welcomed by Respected Principal Dr.B.G.Kulkarni and Senior Professor Dr.Omprakash Dave Sir.

Welcome speech given By Dr.Omprakash Dave Sir. Key note address delivered by Principal Dr.B.G.Kulkarni sir.

Interactive sessions conducted by resource persons along with practical demonstration of parasurgical procedures done on patient. Demonstration of Agnikarma Viddhakarma and Musculoskeletal pain management given by experts. Total 18 Patients from IPD and OPD of Khemdas Hospital got benefitted by this workshop. Total 34 Faculty members had participated in this programme.

Informal discussion with experts was done. Programme was concluded with felicitation of all Resource Persons with token of love, by Principal Dr.B.G.Kulkarni sir. Vote of Thanks given by Dr.Pawar Chandrakant Professor and H.O.D. department of Shalya Tantra



Workshop On Kshara Nirman Vidhi

The workshop was organized by Department of Shalya Tantra, Parul Institute of Ayurved and Research. Consultants of Khemdas Hospital, Teaching Hospital of Parul Institute of Ayurved and Research had participated in this programme.

This workshop was started on 24.02.2024 at 10.00 a.m. Programme was inaugurated by Respected Principal Dr. B.G. Kulkarni Sir and Senior Professor in Shalya Tantra department Dr.Omprakash Dave sir and Coordinated by Dr.Shailesh Jaiswal sir.

Welcome speech given by Dr. Omprakash Dave sir. Key note address delivered by Principal Dr. B.G. Kulkarni sir. Interactive session conducted by resource person on Kshara Nirman

Vidhi and application of Kshara in post-operative Fistula in ano. Total 32 Faculty members had attended this programme.

Informal discussion with expert was done on 24.02.2024 from 12.00 to 1.00 p.m. Programme was concluded with felicitation of Resource Person with token of love, by Principal Dr. B.G. Kulkarni sir. Vote of Thanks given by Dr. Chandrakant Pawar sir Professor and H.O.D. department of Shalya Tantra.



02 Day Training Programme on CCRAS Standardised Prakriti Assessment Scale (SPAS) and AYUR Prakriti Web Portal

From Department of Kriya Sharir, Parul Institute of Ayurved & Research placed a requisition application had been submitted to CCRAS, Ministry of AYUSH, Government of India, New Delhi for the conduction of workshop program on 02 Days Training Programme on CCRAS Standardised Prakriti Assessment Scale (SPAS) and AYUR Prakriti Web Portal on 13th & 14th March, 2024.

DAY 1: 14/03/2024

The Program started at 10am with 35 numbers of pre-registered PG Scholars for the workshop. The Program was anchoring by Dr Athira V & Dr Komal Patil, 1st year PG Scholar from Department of Kriya Sharir. The guests along with respected Principal Dr B G Kulkarni sir & Dr Vaibhav sir was invited to the stage. The Program begin with lighting the lamp along with prayers by students from 2nd year BAMS. There after the guest were facilitated with token of love. The HOD form Department of Kriya Sharir Dr Vaibhav Biradar sir gave a general introduction about 2 days training program and introduced both the guests. The introduction session winds-up by Principal sir Dr B G Kulkarni sir with motivational speech and importance of Prakriti analysis in the life of a practitioner and academician too. There after the workshop begins – Standard Operative Procedures for Prakriti assessment. All the reference about prakriti mentioned in our classics are explained with word by word meaning, with sufficient example through pictures, sounds with references. The session went interactive with the participants and was so lively. Each participants registered themselves in AYUR Prakriti Web Portal.

DAY 2: 15/03/2024

The participants are made to sit in pair and started analysing the Prakriti of each other by using AYUR Prakriti Web Portal under the guidance of both the expert speakers. Then

participants got the reports at the end of assessment. The Program ends up with the certificate distribution, Photo session and validatory function. The vote of thanks at the end of the session was given by Dr Varshida J Marwadi Assistant Professor from the Department of Kriya Sharir.

Outcome:

This workshop clarified participants understanding of the three Doshas and their role in Prakriti assessment. Through the workshop, participants gained practical skills in using AYUR Web Portal for Prakriti Assessment. By attending the workshop participants are now more confident in applying Prakriti assessment to the patients.



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DAY 1: 18/04/2024

The Program started at 10 am with 31 numbers of pre-registered Teaching Faculty for the workshop. The Program was anchoring by Dr Bhaskar Gomtiwal & Dr Komal Patil, 1st year PG Scholar from Department of Kriya Sharir. The guests along with respected Principal Dr B. G. Kulkarni & Dr Vaibhav Biradar were invited on to the stage. The Program began with lighting of the lamp along with prayer by students from 2nd year BAMS. There after the guests were facilitated with flowers as token of love. The HOD from Department of Kriya Sharir Dr. Vaibhav Biradar gave a general introduction about 2 days training program and introduced both the guests. The introduction session winded-up by Principal Dr. B. G. Kulkarni with motivational speech and importance of Prakriti Analysis in the life of a practitioner and academician too.

There after the workshop “Standard Operative Procedures for Prakriti assessment” began – All the reference about Prakriti mentioned in our classics are explained with word by word meaning, with sufficient example through pictures, sounds with references. The session went interactive with the participants and was so lively. Each participants registered themselves in AYUR Prakriti Web Portal.

DAY 2: 19/04/2024

The participants are made to sit in pair and started analyzing the Prakriti of each other by using AYUR Prakriti Web Portal under the guidance of both the expert speakers. Then participants got the reports at the end of assessment. The Program ends up with the Certificate Distribution, Photo Session and Valedictory function. The vote of thanks at the end of the session was given by Dr Varshida J. Marwadi, Assistant Professor from the Department of Kriya Sharir.



02 Day Training Programme on CCRAS Standardised Prakriti Assessment Scale (SPAS) and AYUR Prakriti Web Portal

From Department of Kriya Sharir, Parul Institute of Ayurved & Research placed a requisition application had been submitted to CCRAS, Ministry of AYUSH, Government of India, New Delhi for the conduction of workshop program on 02 Days Training Programme on CCRAS Standardised Prakriti Assessment Scale (SPAS) and AYUR Prakriti Web Portal on 1st & 2nd May, 2024.

Day: 01/05/2024

The Program started at 10 am with 44 numbers of pre-registered Teaching Faculty for the workshop. The Program was anchoring by Dr Komal Patil, 1st year PG Scholar from Department of Kriya Sharir. The guests along with respected Principal Dr B. G. Kulkarni & Dr Vaibhav Biradar were invited on to the stage. The Program began with lighting of the lamp

along with prayer by students from 2nd year BAMS. There after the guests were facilitated with flowers as token of love. The HOD from Department of Kriya Sharir Dr. Vaibhav Biradar gave a general introduction about 2 days training program and introduced both the guests. The introduction session winded-up by Principal Dr. B. G. Kulkarni with motivational speech and importance of Prakriti Analysis in the life of a practitioner and academician too. There after the workshop “Standard Operative Procedures for Prakriti assessment” began – All the reference about Prakriti mentioned in our classics are explained with word by word meaning, with sufficient example through pictures, sounds with references. The session went interactive with the participants and was so lively. Each participants registered themselves in AYUR Prakriti Web Portal.

Day 2: 02/05/2024

The participants are made to sit in pair and started analyzing the Prakriti of each other by using AYUR Prakriti Web Portal under the guidance of both the expert speakers. Then participants got the reports at the end of assessment. The Program ends up with the Certificate Distribution, Photo Session and Valedictory function. The vote of thanks at the end of the session was given by Dr Komal Vilas Patil PG 1st year Kriya Sharir from the Department of Kriya Sharir.



Quality Management System And Internal Audit Training

The Quality management system and internal audit training for the faculties and lab technicians of PIA & PIAR was organized by Parul University on 24-09-2024 to 26-09-2024. First, we addressed and introduced Guest speakers Mr Neeraj Jain, President & Course director of MELAP and Mr Dilip Kumar, Associate director. Then presented the agenda of training to all faculties and lab technicians. The lecture was delivered by the guest speakers in consecutive 3 days. They provided an overview of the syllabus through PPT, booklet is provided with study material. Worksheets are provided for each point covered. This workshop enhanced our

knowledge and skills on quality management systems, enabling laboratories to strive for excellence.



National Workshop On Viddha Karma- Anshastram 2024

The Department of Shalyatantra at Parul Institute of Ayurveda and Research successfully organized a two-day National Workshop on Viddhakarma, a critical aspect of Ayurvedic surgical practices, on 20th & 21st December, 2024. The workshop aimed at imparting knowledge on advanced techniques and applications of Viddhakarma in modern clinical practices, particularly in rare disease conditions and cosmetology.

The event attracted a diverse audience, including clinical postgraduate scholars from the Institute, practitioners from Vadodara, Gujarat, and Ayurveda enthusiasts from around the region. The workshop offered both theoretical sessions and hands-on demonstrations, providing an excellent platform for learning and exchange of knowledge.

The 2-day National Workshop on Viddhakarma organized by the Department of Shalyatantra, Parul Institute of Ayurveda and Research, was a resounding success. The workshop provided an excellent platform for learning and interaction among Ayurveda professionals, clinical scholars, and practitioners. The valuable lectures and live demonstrations showcased the application of Viddhakarma in rare diseases and cosmetology, benefiting both the participants and the patients involved.

The event highlighted the importance of Viddhakarma in modern Ayurvedic practice and its potential in treating complex health conditions. The active participation from both scholars and practitioners made the workshop an enriching experience for all attendees.

